

What is MAT?

Medication assisted treatment (MAT) is the use of medications, combined with counseling and behavioral therapies, to provide a holistic approach to the treatment of substance use disorders.

What medications are used?

- Methadone- Opioid treatment
 - (*Bismarck*)
- Buprenorphine- Opioids
- Naltrexone- Opioids and alcohol
- Antabuse- Alcohol

How is Heartview MAT different?

Heartview's MAT program is fully integrated into our treatment program. Patients are required to attend treatment services in conjunction with medication

MAT is shown to...

- Improve overall quality of life
- Reduce accidental overdoses and death
- Increase employment
- Reduce homelessness
- Reduce criminal activity
- Increase retention in treatment
- Improve pregnancy outcomes for mothers and babies



MEDICATION ASSISTED TREATMENT



Access Treatment

- ☑ Heartview walk-in evaluations are held Monday-Thursday, 8-10 a.m. at 101 E Broadway, Bismarck

Questions?

- ☎ 701-751-6129
- ✉ info@heartview.org



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www.heartview.org

MEDICATION ASSISTED TREATMENT

MYTH

MAT Makes You High

FACT

MAT clients are closely monitored to ensure they return to a "normal" state

MYTH

People using MAT should wean off ASAP

FACT

MAT clients are less likely to relapse

MYTH

MAT is an easy "cure" or is "cheating"

FACT

MAT allows clients to function normally and benefit from other treatments

MYTH

Individuals using MAT are triggering to others in recovery

FACT

There are many paths to recovery and no one way is "right" or "wrong"

Heartview Services

Residential Treatment:

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During residential treatment, clients attend group, individual treatment sessions, lectures, yoga, etc. Nursing staff monitors medications and withdrawal symptoms.

Outpatient Treatment:

Heartview develops individualized treatment plans in which clients may attend outpatient treatment daily, multiple days per week, weekly, or as-needed.

Medication Assisted Treatment:

Medications may be used to ease withdrawal and sustain recovery. Heartview doctors prescribe medications for opioid, alcohol and nicotine withdrawal.

