

Heartview Residential

Allowed Items



- Photo ID** – Will not be allowed to admit without this. In the event that it is not possible to get a photo ID prior to admission, you must have someone with you who can sign attesting your identity.
- Copy of insurance card** – While you can admit without this, it will help in preventing any billing issues that could result in financial responsibility for the patient.

Location Specific

Tobacco/Nicotine:

Dickinson: Tobacco and nicotine free

Bismarck and Cando: Only store-bought cigarettes, no other tobacco or nicotine products.

Medications:

- Prescription and over-the-counter meds need to be in their original bottles (30 day supply). Any prescriptions or over-the-counter medications that are not allowed at time of admit will be stored in residential area and returned to client upon discharge.
- Detox meds need to be in the original bottle.
 - Send prescriptions to:
 - Cando- Neumann Drug
 - Bismarck- Gateway South Pharmacy
 - Dickinson- ND Pharmacy inside Cashwise

Clothing:

All items brought to residential (including clothing) must fit in 1 suitcase or 1 duffel bag.

- Pack only 7 days worth of clothing.
 - Modest clothing ONLY (No short-shorts or shirts, thin strap tank tops, male tank tops, undergarments showing, etc.)
- Pack appropriate for the season.
- For admits that are currently homeless and have nowhere to store their belongings, we will store extra items.
- Clothes may be washed upon arrival.
- Cando- Pack closed-toe shoes for EAGALA Horse therapy.

Toiletries:

- Must be alcohol-free (alcohol cannot be listed in the top 3 ingredients).
- Toiletries may be provided upon request on admission.
- Any toiletry item that is not allowed will be stored at time of admission and returned upon discharge.

Electronic Devices: *

- Cell phone, headphones and device chargers are allowed.
- Portable radios, laptops, tablets, iPads, Bluetooth speakers, and smart watches are not allowed.

Miscellaneous:

- No pillows are allowed to be brought into residential, Heartview pillows will be provided.
- Cash, credit cards and debit cards are allowed. These items will be stored in the staff office.
- No outside food or drink is allowed at time of admission. Additional dietary needs will be addressed after admission.
- Exercise/physical activity opportunities are available at all locations.
- Art or craft materials are allowed in reasonable quantities (we also have many craft/art items available for your use).
- Essential oils can be brought in, but diffusers are not allowed.*
- No plug-in air fresheners are allowed in rooms.
- Smudging sage/sweet grass is allowed but will be kept in the staff office.*

Visitations and passes:

- Due to COVID19, visitation/pass hours may change frequently based on our continual monitoring of the situation.*

* Your counselor will provide you with details on the usage of these items.